

## **Kyle Adams, PT, DPT**

Fellow - American Academy of Orthopaedic Manual Physical Therapy  
Board-Certified Clinical Specialist in Orthopaedic Physical Therapy  
Therapeutic Pain Specialist  
Certified Strength and Conditioning Specialist  
Clinical Assistant Professor - Baylor Physical Therapy Program

### **Education:**

<b>Doctor of Science in Physical Therapy</b> <i>Bellin College</i>	Anticipated graduation: 2024 Green Bay, WI
<b>Hybrid Learning Certification</b> <i>Evidence in Motion</i>	October 2017 Louisville, KY
<b>Therapeutic Pain Specialist Certification</b> <i>International Spine &amp; Pain Institute</i>	October 2017 Story City, IA
<b>Fellowship in Orthopaedic Manual Physical Therapy</b> <i>Evidence In Motion</i>	December 2011 Louisville, KY
<b>Doctor of Physical Therapy</b> <i>SUNY Upstate Medical University</i>	May 2008 Syracuse, NY
<b>Master of Arts (Physical Therapy)</b> <i>SUNY Upstate Medical University</i>	May 2001 Syracuse, NY
<b>Bachelor of Science (Health Sciences)</b> <i>SUNY Upstate Medical University</i>	May 2001 Syracuse, NY
<b>Bachelor of Arts (Biology)</b> <i>Hamilton College</i>	May 1997 Clinton, NY

### **Licensure Information/Registration Number:**

New York Physical Therapy License: 023035-1

### **Professional Certifications:**

2017-present	Therapeutic Pain Specialist
2017-present	Hybrid Learning Certification
2012-present	Fellow in the American Academy of Orthopaedic Manual Physical Therapists
2005-present	Board-Certified Clinical Specialist in Orthopaedic Physical Therapy (ABPTS)
2004-present	Certified Strength & Conditioning Specialist
1997-present	CPR

**Employment and Positions Held:**

*Clinical Assistant Professor* October 2017-present  
**Baylor University DPT Program** Waco, TX  
Teaching Experience: Hybrid Learning

*Program Coordinator* September 2016-December 2017  
*Orthopedic Physical Therapy Residency and Spine Fellowship* Ithaca, NY  
**Cayuga Medical Center**  
Teaching Experience: Traditional Learning, Transitioning to Blended Learning

*Adjunct Instructor* June 2015-December 2017  
**South College DPT Program** Knoxville, TN  
Teaching Experience: Led Biophysical Agents Course and Assisted with Lower Extremity Musculoskeletal Course

*Subject Matter Expert* October 2015  
**Rasmussen College** Egan, MN  
Teaching Experience: Served as subject matter expert for developing PTA program curriculum

*Faculty and Course/Program Content Developer* October 2011-August 2019  
**Evidence In Motion** Louisville, KY  
Teaching Experience: Developed content and instructed courses for Orthopaedic Residency, Manual Therapy Fellowship, and Older Adult Certification Program for PTs, and for the Orthopaedic Certification Program for PTAs

*Adjunct Faculty* January 2007-May 2016  
**SUNY Upstate Medical University** Syracuse, NY  
Teaching Experience: Lab assistant for Biophysical agents first few years, and primary instructor the remaining years

*Physical Therapist* Full-time: September 2006-September 2016  
**Pro-Active Physical Therapy** Per Diem: October 2017-February 2020  
Experience: Staff therapist → Clinic Manager North Syracuse, NY

*Staff Physical Therapist* May 2001-September 2006  
**Mauro-Bertolo Physical Therapy** Cicero, NY

**Peer Reviewed Publications (In Review, In Press, Published):**

- **Adams KR**, Feda JT, Rossi RS. High Intensity Strengthening Following Total Knee Arthroplasty Enabling Patient to Rapidly Exceed Age-Related Functional Norms: A Case Report. *W J Yoga Phys Ther & Rehabil* 3(4): 2022. (Published)
- Rufa A, Dolphin M, **Adams K**, Brooks, G. Factors Associated with Low Back Pain Attitudes and Beliefs of Physical Therapists. *Musculoskeletal Science & Practice*. January 2021. (Published)

- **Adams KR**, Famuyide A. Manual Therapy Trials for Knee Osteoarthritis are Less Likely to Have Pragmatic Study Designs: A Systematic Review. (In Review)
- Dolphin M, Garn, J, Miller, M, **Adams K**. More than the Achilles' Heel: Management of a Complex Recreational Athlete. *Current Sports Medicine Reports*. (In Review)
- **Adams KR**, Bachman T. The Reality Regarding Biophysical Agents Use in Clinical Education and Practice. (In Review)

#### **Grant Activity (Current Research Support):**

- Fedra J, **Adams KR**, Wenger L, Young J, Catalino T, Gagnon K. \$5000. Investigating the Relationship Between the Learning and Study Strategies Inventory for Learning Online (LLO) and Academic Performance in Doctor of Physical Therapy Students.

#### **Peer Reviewed Publications (In Preparation):**

- **Adams KR**, Beuning B, Young B. Exploration of an Alternative Method of Measuring Cervical Rotation Range of Motion.
- Brooks, G, Rufa A, Dolphin M, **Adams KR**. Relationship Between Clinical Decision-Making and Low Back Pain Attitudes and Beliefs of Physical Therapists.
- Fedra J, **Adams KR**, Wenger L, Young J, Catalino T, Gagnon K. Investigating the Relationship Between the Learning and Study Strategies Inventory for Learning Online (LLO) and Academic Performance in Doctor of Physical Therapy Students.
- Ardolino E, Fedra J, Gantt C, **Adams KR**, Boddy A. Impact of a Structured Coaching Program on Student Success and Well-being in a Hybrid DPT Program.
- Fedra J, Smith N, Pucillo E, Wenger L, **Adams KR**, Scales M, Minahan C, Martin J. Validation of the Learning and Study Skills Instrument in Doctor of Physical Therapy Students.

#### **Publications (Book Chapters):**

- **Adams K**, Koppenhaver S, Flynn T. Clinical Examination of the Lumbar Spine in Patients with Hip and Knee Pain (Chapter) in *Hip and Knee Pain Disorders* by Mathew, Courtney & Fernández-de-las-Peñas. Handspring Publishing. 2022. Published

#### **Peer Reviewed Scientific and Professional Presentations:**

- **Adams KR**, Famuyide A. Manual Therapy Trials for Knee Osteoarthritis are Less Likely to Have Pragmatic Study Designs: A Systematic Review.  
5x5 Presentation  
Annual Conference, AAOMPT, St. Louis, MO  
October, 2023 (Accepted)
- Borgehammer J, Film R, Wenger, L, Windsor N, Vickers R, Adams K, Minor K, West L, Rivard J. Do physical therapy profession demographics match United States trends?  
Poster Presentation  
Annual Conference, AAOMPT, St. Louis, MO  
October, 2023 (Accepted)
- Fedra J, **Adams KR**, Wenger L, Young J, Catalino T, Gagnon K. Investigating the Relationship Between the Learning and Study Strategies Inventory for Learning Online (LLO) and Academic Performance in Doctor of Physical Therapy Students.

#### Platform Presentation

Educational Learning Conference, APTA, Philadelphia, PA

October 2023 (Accepted)

- **Adams KR**, Bachman T  
The Reality Regarding Biophysical Agents Use in Clinical Education and Practice  
Platform Presentation  
Combined Sections Meeting, APTA, San Diego, CA  
February 2023
- Geiser MB, Dolphin M, Kolb W, **Adams K**  
Snap-Crackle-Pop: Innovative ways to inspire your hand skills needed for manipulation.  
Platform Presentation  
Annual Conference, AAOMPT, San Diego, CA  
October 2022
- Rufa A, Brooks G, Dolphin M, **Adams K**  
Differences in LBP-Related Attitudes and Beliefs of Student Physical Therapists and Student Physical Therapist Assistants  
Poster Presentation  
Combined Sections Meeting, APTA. San Antonio, TX  
February 2022
- Boddy A, Bachman T, **Adams K**, Cook J, Beuning B, Gantt C, Fedra J  
Prioritizing Writing Habits in Hybrid DPT Faculty Through Implementation of WAGs.  
Poster Presentation  
Educational Learning Conference, APTA. Atlanta, GA  
October 2021
- Unverzagt C, Koppenhaver S, **Adams K**, Longbottom T, Walker M  
Reliability of Asynchronous Admissions Interviews  
Virtual Poster Series  
APTA Pennsylvania  
March 2021
- Bachman T, **Adams K**  
Analysis of Clinical Reasoning at Two-Points during Entry-Level Physical Therapy Student Education  
Virtual Poster Presentation  
Combined Sections Meeting, APTA - Virtual  
February 2021
- **Adams K**, Bachman T  
Student Experiences with Use of Biophysical Agents During Clinical Education  
Virtual Poster Presentation  
Combined Sections Meeting, APTA – Virtual  
February 2021

#### **Scholarly Work (Incomplete)**

- Rodeghero J, Zang A, **Adams K**, Whitman J, Cleland J. The Influence of a Transitional Doctorate of Physical Therapy on Clinical Outcomes. 2015. – this project was completed with support of the 2012 OPTP Research Grant issued by the American Academy of Orthopaedic Manual Physical Therapists.

- Rodeghero J, Whitman J, **Adams K**, Kirby J, Cleland J, Cook C. The Influence of Years of Experience on Clinical Outcomes for Patients with Low Back Pain: A cohort study.

**Non-Peer Reviewed Presentations/Continuing Education Workshops (past 10 years):**

- **Adams K**, Rossi R. Hybrid Learning in PT Education: Maximizing Student Engagement. NYPTA Virtual Presentation. December 2020.
- Gagnon K, Young B, Unverzagt C, Puentedura L, **Adams K**. Lessons from the Trenches: The Nuts & Bolts of Implementing a Lab Immersion. ACAPT Webinar. May 2020.
- **Adams K**. Physical Therapist Assistant MSK Upper Quarter Management via Evidence In Motion. Online Course. Summer, 2019.
- **Adams K**, Soncrant J, Tedrick R, Owens S. Physical Therapist Assistant Advanced Proficiency in Orthopaedics Weekend Intensive. Oakbrook, Illinois, July 2019.
- **Adams K**, Zang A. Management of Lower Extremity Disorders Weekend Intensive. Buffalo, New York, April 2019.
- **Adams K**, Owens S. Physical Therapist Assistant Advanced Proficiency in Orthopaedics Weekend Intensive. Buffalo, New York, March 2019.
- **Adams K**. Clinical Application of Pain Neuroscience Education. North Syracuse, New York, March 2019.
- **Adams K**, Brown T. Physical Therapist Assistant Advanced Proficiency in Orthopaedics Weekend Intensive. Baxter, Minnesota February 2019.
- **Adams K**. Physical Therapist Assistant MSK Upper Quarter Management via Evidence In Motion. Online Course. Winter, 2019.
- **Adams K**. Management of Lumbopelvic Disorders. North Syracuse, New York, November 2018.
- **Adams K, Headtke M, Brown T**. Physical Therapist Assistant Advanced Proficiency in Orthopaedics Weekend Intensive. Ortonville, Minnesota October 2018.
- **Adams K**. Physical Therapist Assistant MSK Upper Quarter Management via Evidence In Motion. Online Course. Fall, 2018.
- **Adams K**. Physical Therapist Assistant Virtual Rounds and Case Presentations via Evidence In Motion, Spring, Online Course. 2018.
- **Adams K**, Soncrant J, Owens S. Physical Therapist Assistant Advanced Proficiency in Orthopaedics Weekend Intensive. Kissimmee, Florida, July 2018.
- **Adams K**. Physical Therapist Assistant MSK Upper Quarter Management via Evidence In Motion. Online Course. Summer, 2018.
- **Adams K**. Physical Therapist Assistant Virtual Rounds and Case Presentations via Evidence In Motion, Spring, 2018.
- **Adams K**. Physical Therapist Assistant Advanced Proficiency in Orthopaedics Weekend Intensive. Oakbrook, Illinois, March 2018.
  - Created course content and provided instruction
- **Adams K**. Physical Therapist Assistant MSK Upper Quarter Management via Evidence In Motion. Online Course. Winter, 2018.
- Flynn T, **Adams K**. Musculoskeletal Practice 2 (Lower Extremity Conditions). South College entry-level Doctor of Physical Therapy program. Online Course. Knoxville, Tennessee, Fall, 2017.
- **Adams K**, Reynolds T. Physical Therapy Management of Hip and Knee Conditions. Cayuga Medical Center Physical Therapy Orthopedic Residency Program, Ithaca, New York, September 2017.
- **Adams K**. Manipalooza Too, Ashburn, Virginia, September 2017.

- **Adams K.** Are you afraid of low back pain? Cayuga Medical Center Community Lecture Series, Ithaca, New York, May 2017.
- **Adams K,** Soncrant J, Masri R. Foot, and Ankle Manual Therapy for the Running Athlete, Manipalooza. Denver, Colorado, April 2017.
- **Adams K.** Management of Lumbo-Pelvic Conditions, Ithaca, New York, February 2017.
- **Adams K.** Management of Cervical and Thoracic Disorders. Chicago, Illinois, August 2016.
- **Adams K.** Physical Agents. South College entry-level Doctor of Physical Therapy program. Hybrid Course. Knoxville, Tennessee. Summer, 2015.
- **Adams K,** Soncrant J. Management of Musculoskeletal Problems in the Older Adult. Louisville, Kentucky, May 2016.
  - Created course content and provided instruction
- **Adams K.** Management of Upper Extremity Disorders. Oakbrook, Illinois, April 2016.
- Neilson B, **Adams K.** Transforming Aging: Healthier Living with PT Science. Deadwood, South Dakota, April 2016.
- **Adams K.** Management of Musculoskeletal Problems in the Older Adult via Evidence In Motion. Online Course. Spring, 2016.
- **Adams K.** Management of Upper Extremity Disorders. Atlanta, Georgia, October 2015.
- **Adams K.** Transforming Aging – Healthier Living with PT Science, Atlanta, Georgia, October 2015.
- **Adams K.** Management of Upper Extremity Disorders. North Syracuse, New York, October 2015.
- **Adams K.** Tool-based Soft Tissue Mobilization. SUNY Upstate Medical University DPT program. Syracuse, New York, Fall 2011 and 2012, Spring and Fall 2013, Fall 2014 and 2015.
- **Adams K.** Management of Cervical and Thoracic Disorders. Green Bay, Wisconsin, August 2015.
- **Adams K.** Physical Agents, South College entry-level Doctor of Physical Therapy program. Hybrid Course. Knoxville, Tennessee. Summer, 2015.
- **Adams K.** Transforming Aging – Healthier Living with PT Science, Minneapolis, Minnesota, June 2015.
- **Adams K.** New York State Regional Student Conclave, “Residencies and Fellowships.” Ithaca, New York, April 2015.
- **Adams K.** Management of Upper Extremity Disorders. Oakbrook, Illinois, April 2015.
- **Adams K.** Transforming Aging – Healthier Living with PT Science, Oakbrook, Illinois, April 2015.
- Created course content and provided instruction
- **Adams K,** Unverzagt C. Management of Cervical and Thoracic Disorders. Glen Mills, Pennsylvania, February 2015.
- **Adams K.** Management of Cervical and Thoracic Disorders via Evidence In Motion. Online Course. Winter, 2015.
- **Adams K.** PRIMETIME – Introduction to Evidence In Motion, Binghamton, New York, November 2014.
- **Adams K.** Management of Upper Extremity Disorders. Benson, Minnesota, October 2014.
- **Adams K.** Management of Upper Extremity Disorders via Evidence In Motion. Online Course. Fall, 2014.
- **Adams K.** Management of Cervical and Thoracic Disorders. Bolingbrook, Illinois, August 2014.
- **Adams K.** Management of Lumbopelvic Disorders. University of Rhode Island, Kingston, Rhode Island, August 2014.
- **Adams K.** Management of Upper Extremity Disorders via Evidence In Motion. Online Course. Spring, 2014.

- **Adams K.** Regional Interdependence in Orthopaedic Physical Therapy. SUNY Upstate Medical University DPT program, Syracuse, New York, March 2012, 2013, 2014, 2015, and 2016.
- **Adams K.** Management of Lumbopelvic Disorders. Falls Church, Virginia, February 2014.
- **Adams K.** Evidence-based Examination and Selected Interventions for Patients with Upper Extremity Disorders. New York, New York, October 2013.
- **Adams K.** Evidence-based Examination and Selected Interventions for Patients with Upper Extremity Disorders. Green Bay, Wisconsin, October 2013.
- **Adams K.** Management of Upper Extremity Disorders via Evidence In Motion. Online Course. Fall, 2013.
- Mintken P, **Adams K.** Management of Shoulder Disorders. Buffalo, New York, April 2013.
- Boyles B, **Adams K.** Management of Shoulder Disorders. FAAOMPT, Buffalo, New York, April 2013.
- **Adams K.** Management of Lower Extremity Disorders. Newark, Delaware, February 2013.
- **Adams K.** Management of Lower Extremity Disorders. Falls Church, February 2013.
- **Adams K.** Management of Lower Extremity Disorders via Evidence In Motion. Online Course. Winter, 2013.

#### **Continuing Education Attended (past 8 years):**

- APTA Combined Sections Meeting, San Diego, CA, February 2023.
  - Mini-Educational Sessions
    - Dosing Matters: Prescribing Exercise to Maximize Clinical Benefit
    - Orthopedics Platform: Session 3
    - Holistic Admissions: From Interviews to Infrastructure. A Panel Discussion on Implementation, Successes, and Challenges
    - Things You “Need-d” to Know about Osteoarthritis: Applying the Latest Evidence to Common Clinical Questions
    - Successful Outcomes for Improving Diversity, Equity, and Inclusion in Physical Therapy: A Five Pillar Approach
    - Significant Scapular Dyskinesia: The Evidence, the Evaluation Algorithm, and the Treatment Strategies
    - Putting Biomechanics in the Chronic Pain Narrative: Getting to the Root Cause of the Problem
    - Clinical Identification of Neurobiological Pain Mechanisms: Rethinking Our Evaluation and Management of Musculoskeletal Pain
- AAOMPT Annual Conference – Inspire, San Diego, CA, October 2022.
- Is it Enough to be Psychologically Informed? Jeff Houck, PT, PhD, Syracuse, NY, October 2022
- APTA Combined Sections Meeting, San Antonio, TX, February 2022.
  - Mini-Educational Sessions
    - Balancing Academic Metrics with Holistic Admissions: Analyzing the Data for Unintentional Consequences
    - Diversity, Equity, Inclusion: The Evolution of Education as Patient Populations and Generation Z Drive Change
    - DPT Diversity, Equity, and Inclusion (DEI) Practices and Students Physical Therapists’ Self-Perceived Cultural Competence
    - Part 1: DEI Simulation: An Up-Close View of Barriers, Biases, and Bad Outcomes

- Pipeline Connections: A DPT Program's HOSA Partnerships with Secondary Education and National Physical Therapy Initiatives
- Time to Lean In: Getting Comfortable Being Uncomfortable
- Understanding Fear-Avoidance in Patients with Acute, Subacute, and Chronic Pain
- Integrating Mind-Body Therapies into Physical Therapist Practice
- Analysis of Behavioral Interviews and Preadmission Variables to Predict Licensure Examination Outcomes in Physical Therapy
- An Innovative Academic Leadership Toolbox to Transform Leaders in Physical Therapy Education
- An Integrative Approach to the Diagnosis, Prognosis, and Management of Common Upper Extremity Mononeuropathies
- Educational Leadership Conference – 2021, Atlanta, GA, October 2021.
  - Education Leadership Talks – Part 1: Emerging leaders tackle hot topics in physical therapy education
  - Education Leadership Talks – Part 2: Emerging leaders tackle hot topics in physical therapy education amid COVID
  - Reflections of the Black Experience in the Physical Therapy Profession: Revisiting the DEI Consortium Listening Sessions of 2020
  - Diversity, Equity, and Inclusion in Physical Therapy: A review of the literature and strategies for sustainable change
  - A Blended Approach to the Development of Psychomotor Skill in the Beginner Learner
  - An Exploration of Doctor of Physical Therapy Students' Belongingness in Clinical Education
  - Formative Assessment: Practical application for habits of the head and hand
  - Elevating Access and Success for Underrepresented Groups: Recruitment, admissions, and retention in physical therapy education
  - Early Assurance: What, who, and how
- Grant Writing Workshop Series. Virtual workshop facilitated by Peg AtKisson, Ph.D., Founder/President of AtKisson Training Group. March 2021.
- Building a Publishing Pipeline: Concrete Strategies for Increasing Your Writing Productivity. Virtual workshop facilitated by Erin Furtad, Ph.D., Professor at University of Colorado, Boulder. December 4, 2020.
- APTA Combined Sections Meeting, Denver, CO, January 2020.
  - Academy of Orthopaedic Physical Therapy Platform 3
  - Functional Movement Disorders: It's Not in Your Head
  - Ankle Stability and Movement Coordination Impairments and Ligament Sprains: Orthopaedic Section Practice Guideline Update 2020
  - Getting your Head Out of the Books: Collaborative and Experiential Learning Across a DPT Curriculum
  - What is All the Hype About Running Shoes? Practical Implications for the Running Tactical Athlete
  - Movement System-Based Treatment Approach for the Hip Joint
  - Sports Medicine Secrets: Evidence-Based Lower Extremity Sports Movement Analysis: Sprinting, Cutting, and Jumping
  - Using Pain Neuroscience Education for Patients at Different Stages of Life: 4 Case Studies



- Academy of Orthopaedic Physical Therapy Platform 7
- Manipalooza. Dallas, Texas, November 2019.
- The Relevance of Yoga for the Physical Therapist. Central District NYPTA Evening Lecture, Dr. Rebecca Alexander, PT, DPT, E-RYT, Syracuse, New York, October 2019.
- APTA Combined Sections Meeting, Washington D.C., January 2019.
  - Science Meets Practice: Neuroplasticity Following ACL Injury and ACL Reconstruction
  - Pain Talks: Conversations with Pain Science Leaders on the Future of the Field
  - The Athlete in Pain: Moving Beyond the Tissues to the Person
  - The Brain Has an ACL Problem
  - A Foot Core Approach to Treating Plantar Fasciitis
  - Pain Science Within Tendinopathy Management: Square Peg, Round Hole?
  - Optimal Shoulder Treatments: A Movement Analysis Perspective
- Hybrid Learning Summit, New Braunfels, Texas, February 2019.
- Align Conference, Denver, Colorado, June 2018.
- Evidence-Based Exercise Interventions for Parkinson's Disease. Central District NYPTA Cont. Educ Series, Dr. Pat VanBeveren, PT, MA, DPT, GCS & Dr. Julie Lombardi, PT, DPT, Syracuse, New York, March 2018.
- APTA Combined Sections Meeting, New Orleans, Louisiana, February 2018.
  - Taking the Gloves Off: Evidence-Informed Manual Therapy for UE Conditions, Part 1
  - Moving Patients to Health: Integrating Holistic Health and Fitness into Practice
  - Wrist Injuries: Evaluation and Treatment Incorporating Proprioception
  - A Zebra Among Us: Recognition and Management of Hypermobility Spectrum Disorders
  - Clinical Reasoning: Video Games and Virtual Reality in Pediatric PT Practice
  - Neurodynamics 2.0: Pain, Plasticity and Desensitizing the Nervous System
  - What every PT Student Needs to Know About Pain Neuroscience Education
- Hybrid Learning Summit, San Antonio, Texas, January 2018.
- Teaching Practicum in Blended Learning and Teaching. Online Course. October 2017.
- Effective Skills in Blended Learning and Teaching. Online Course. August 2017.
- Essentials in Blended Learning and Teaching, Online Course. July 2017.
- CAP Clinical Integration: Motivational Interviewing Workshop (3-day interactive course), Alexander Waitt, MS, MEd, Ithaca, New York, May 2017.
- Business of Chronic Pain. International Spine & Pain Institute. Online Course, 2017.
- Hypermobility Syndrome. Professional Sports Medicine Professional Lecture Series, Dr. Amy McQueen, MD, Cayuga Medical Center, Ithaca, New York, May 2017.
- Everything Hurts. International Spine and Pain Institute. Online Course, 2017.
- Perioperative Therapeutic Neuroscience Education. International Spine & Pain Institute. Online Course, 2017.
- Application of Pain Sciences. Michael Costello, PT, DSc, OCS, MTC, Cayuga Medical Center, Ithaca, New York, April 2017.
- APTA Combined Sections Meeting, San Antonio, Texas, February 2017.
  - Integrating a PT First Approach in Emerging Healthcare Models
  - Why Wait for Fellowship Training to Learn How to Reason?
  - Moving Forward with the Movement System: Let's Work Together
  - Best Treatment Approach for Subacromial Impingement Syndrome

- Evidence-Based Practice for Running Injuries: Are We on the Right Path?
- Orthopaedic Residency EIG Programming: Amplify Your Clinical Reasoning: Guides for Empathy and Expertise
- ISIG Programming: Imaging in Physical Therapy: from Classroom to Clinical Practice.
- A Cognitive-Biomechanical Approach to Common Chronic Musculoskeletal Conditions.
- Residency and Fellowship 101, Online Course, 2017.
- An Evidence Informed Paradigm for IT Tract Associated Pathology. Professional Sports Medicine Professional Lecture Series, Paul Geisler, EdD, ATC, Cayuga Medical Center, Ithaca, New York, January 2017.
- Exercise-Induced Asthma. Professional Sports Medicine Professional Lecture Series, Dr. Lavanya Kodali, MD, Cayuga Medical Center, Ithaca, New York, December 2016.
- Running Thoughts from a Running Doctor. Professional Sports Medicine Professional Lecture Series, Dr. Andrew Getzin, MD, Cayuga Medical Center, Ithaca, New York, November 2016.
- Extension-Based Low Back Pain in Young Athletes: Beyond Bony Healing. Professional Sports Medicine Professional Lecture Series, Dr. John Winslow, PT, DPT, OCS, MTC, ATC, Cayuga Medical Center, Ithaca, New York, October 2016.
- Therapeutic Neuroscience Education: Focus on Function Weekend Intensive. Falls Church, Virginia, October 2016.
- Neurodynamics and CRPS Weekend Intensive. Falls Church, Virginia, September 2016.
- Too Hot to Handle. International Spine and Pain Institute. Online Course, 2016.
- Neurodynamics I and II. International Spine and Pain Institute. Online Course, 2016.
- Therapeutic Neuroscience Education. International Spine & Pain Institute. Interactive Online Course, 2016.
- Introduction to the Diagnosis and Management of Chronic Spinal Pain. International Spine & Pain Institute. Online Course, 2016.
- AAOMPT Annual Conference – Minimizing Pain, Normalizing Movement, Maximizing Function. Louisville, Kentucky, October 2015.

**Professional and Community Service/Committees:**

2022-present	Faculty Search Committee, DPT Program, Baylor University
2022-present	Member of the AAOMPT Diversity Network Committee
2022-present	Member of the ACAPT DEI Consortium
2022-present	Item Writer for Specialization Academy of Content Experts (SACE)
2022	Contributor for the “Courageous Conversations: Belonging” lecture developed by the Baylor University Equity, Civil Rights, and Title IX Office (Mandatory training for all Baylor University faculty and staff
2021-present	AOPT Finance Committee Member
2021-present	APTA PT Moves Me Chapter Ambassador – New York
2021-present	Chair of Baylor DPT’s Admissions Committee
2021-present	APTA New York Finance Committee Member
2021-present	Team Leader for Baylor PT Program Strategic Goal 2.1: Engage DPT Alumni to sustain connection to the program.
2021	Central New York’s Designated Delegate for the 2021 APTA House of Delegates
2021-2022	Served on Assessment Committee for Baylor PT program

2020-2022	Provide Pro Bono Virtual Physical Therapy Consultations During COVID-19
2020-2021	Serve as Mentor to Baylor Faculty while they transitioned to Virtual Instruction during COVID-19
2019-present	Serve as Mentor for Manual Physical Therapy Fellow-In-Training and Orthopaedic Residents
2019	Faculty Search Committee, DPT Program, Tufts University
2018-present	Serve as Faculty Coach for About 10% of the Students in Baylor's PT program
2018-present	Serve as Treasurer/Elected Board Member for Bayberry Community Association (non-profit organization)
2018-present	Serve as Treasurer for Central District of APTA New York
2017-2021	Serve on Admissions Committee for Baylor PT program
2018, 2021-present	Delegate Assembly for APTA New York
2006-2016	Participated in Christmas Pass It on Tree as a clinic
2006-2016	Organized/participated in monthly donations to local charities via PT clinic
2004-2009	Provided pro bono Injury/Performance Screenings for Youth Sports Teams
2001-2009	American Heart Association Dear Neighbor Campaign - volunteer
2001	American Heart Run Organizing Committee – Syracuse, NY - volunteer
2000	Special Olympics Volunteer – Soccer Officiating - volunteer
1999	Habitat for Humanity (Landscaping) - volunteer

#### **Membership in Scientific/Professional Organizations:**

2022-present	Academy of Education, American Physical Therapy Association
2020-present	American Council of Academic Physical Therapy
2007-present	American Academy of Orthopaedic Manual Physical Therapists
2000-present	American Physical Therapy Association
2000-present	American Physical Therapy Association-New York
2000-present	Academy of Orthopaedics, American Physical Therapy Association
2004-2017	National Strength and Conditioning Association
2002-2012	Central NY Orthopedic Study Group

#### **Honors and Awards:**

Passed Preliminary Written Exam: North American Institute of Orthopaedic Manual Therapy - 2004  
 Graduated *Magna Cum Laude* with Distinction: SUNY Upstate Medical University - 2001  
 Health Professions Alumni Association Scholarship: SUNY Upstate Medical University - 2000  
 Graduated *Magna Cum Laude*: Hamilton College - 1997  
 Graduated with Honors in Biology: Hamilton College - 1997  
 Inducted into Phi Beta Kappa at Graduation: Hamilton College (Academic Distinction) - 1997

#### **Current Teaching Responsibilities in the Baylor DPT Entry-Level Program:**

Physical Therapy Examination, Co-Instructor  
 Musculoskeletal Practice II (Part 1 and 2), Instructor of Record  
 Integrative Pain Sciences, Co-Instructor  
 Advanced Patient Management, Assisting Instructor

**Prior Teaching Responsibilities in Baylor DPT Entry-Level Program:**

Human Anatomy I, Assisting Instructor

Human Anatomy II, Assisting Instructor

Physical Therapy Fundamentals, Assisting Instructor

Movement Science, Assisting Instructor

Therapeutic Interventions I, Co-Instructor

Therapeutic Interventions II, Instructor of Record

Musculoskeletal Practice I, Assisting Instructor

Musculoskeletal Practice III, Assisting Instructor