

Regine S. Rossi
Curriculum Vitae

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Education

Results Physical Therapy and Training Center, Sacramento, CA

- Sports physical therapy residency, August 2022

Baylor University, Waco, TX

- Doctor of Physical Therapy, December 2020

University of Connecticut, Storrs, CT

- Graduate Certificate in Exercise Prescription, May 2018

New York University, New York, NY

- Ph.D., Curriculum and Instruction, Chair: John S. Mayher, May 2014

University of Florida, Gainesville, FL

- Master of Education, English Education, August 2003
- Bachelor of Arts, English, May 2002

Current Certifications

- Certified Performance and Sport Scientist, National Strength and Conditioning Association, September 2022
- Firefighter I and II, National Fire Protection Association, December 2020 and June 2021
- Basic Life Support for the Healthcare Professional, American Heart Association, renewed July 2022
- EMT-Basic, National Registry of Emergency Medical Technicians, January 2019
 - ◇ State-certified EMT in Connecticut, Florida, New York, and Texas
- Certified Strength and Conditioning Specialist, NSCA, August 2018
- Certified Personal Trainer, American College of Sports Medicine, August 2017

Employment

- Physical therapist, Palm Beach Institute of Sports Medicine, Boca Raton, FL: January 2023-present
- Physical therapist, Sports and Orthopedic Specialists, Palm Beach Gardens, FL: August-December 2022
- Adjunct instructor of physical therapy, Baylor University, Waco, TX: March 2022-present
- Sports PT resident, Results Physical Therapy and Training Center, Sacramento, CA: June 2021-August 2022
- Physical therapist, Sterling Home Care, Greenwich, CT: February-June 2021
- Adjunct professor of kinesiology, University of Connecticut, Storrs, CT: May 2020-present
- Owner/lead coach, Forward Physical, Wellington, FL: May 2020-present
- Physical therapy technician, Evolve Physical Therapy, Darien, CT: February-November 2018
- Assistant professor of education, St. Thomas Aquinas College, Sparkill, NY: January 2012-December 2019
- Adjunct professor of education, New York University, New York, NY: June 2008-May 2014

- Graduate assistant, New York University, New York, NY: September 2006-May 2008
- Teacher, School District of Palm Beach County, West Palm Beach, FL: August 2003-June 2006

Other Experience

Clinical Internships

- Outpatient Rehabilitation, Access Physical Therapy and Wellness, Stamford, CT: June-December 2020
- Inpatient Rehabilitation, Montefiore New Rochelle Hospital, New Rochelle, NY: January-March 2020

Volunteer Work

- Sideline medical coverage, Folsom Cordova Unified School District, Folsom, CA: August-December 2021
- Reviewer of submissions for the Annual Meeting & Scientific Conference, AASPT Running SIG: April 2021
- Second editor and writing mentor, AASPT Sports Performance SIG Research Review: August 2020-present
- Member, Accreditation Review Committee, and Site Visitor, National Strength and Conditioning Association: May 2020-present
 - ◇ This is the inaugural formation of a four-person committee tasked with evaluating colleges and universities that have applied for NSCA accreditation in order to allow their post-2030 graduates to continue to sit for examinations such as the CSCS.
- Reviewer, International Journal of Sports Physical Therapy: March-December 2020
- Volunteer firefighter, Long Ridge Fire Company, Stamford, CT: November 2019-June 2021
 - ◇ EMS Officer: April 2020-June 2021
 - ◇ Secretary of the Company: January 2020-June 2021
- Volunteer EMT, Stamford Emergency Medical Services, Stamford, CT: May 2019-June 2021
 - ◇ Extensive sideline experience
- Volunteer EMT/SPT, New York Road Runners/TCS New York City Marathon: November 2019
- Athlete screener, Connecticut Special Olympics: June 2019
- Team mentor, Leukemia and Lymphoma Society Team in Training: March-November 2015

Professional Development

Presenter

- Co-presenter with Kyle Adams, PT, DPT. *Hybrid Learning in PT Education: Maximizing Student Engagement*. NYPTA Virtual Presentation. December 2020.
- Journal Club, Connecticut Physical Therapy Association: June 2020

Participant

- Florida NSCA Clinic: June 2020
- Vermont NSCA Clinic: June 2020
- Alabama NSCA Clinic: May 2020
- Upstream Rehab Institute webinars (baseball, running, Olympic lifting, gender equality in sports): Spring/Summer 2020
- New York University Fight Medicine Seminar: June 2019
- Connecticut NSCA Clinic: May 2019

Member

- American Physical Therapy Association
 - ◇ Sports section/American Academy of Sports Physical Therapy

- SIGs: Tactical Athlete, Sports Performance, Running, College and Professional Sports, Youth Athlete
- ◇ Education section/APTA Academy of Education
 - Scholarship of Education SIG
- ◇ Orthopedics section/Academy of Orthopaedic Physical Therapy
 - SIGs: Occupational Health, Animal Physical Therapy
- ◇ Research section/Academy of Physical Therapy Research
 - SIGs: Evidence-Based Practice, Qualitative Research
- ◇ Connecticut Chapter
- National Strength and Conditioning Association
 - ◇ SIGs: Exercise/Sport Psychology, Long-Term Athletic Development, Personal Trainers, Powerlifting, Sports Medicine/Rehabilitation, Strongman, Tactical Strength and Conditioning
- Clinical Exercise Physiology Association of the American College of Sports Medicine

Publications

- Adams, Kyle R., Jessica T. Fedra, and Regine S. Rossi. (2022). High-Intensity Strengthening Following Total Knee Arthroplasty Enabling Patient to Rapidly Exceed Age-Related Functional Norms: A Case Report. *World Journal of Yoga, Physical Therapy and Rehabilitation*, 3(4).

Earlier Academic Work in Teacher Preparation:

Grants, Presentations, Publications, Collaborations, Teaching Experience, and Institutional Service

Grants

- Faculty Development Grant for academic writing instruction research, St. Thomas Aquinas College

Presentations

- 2015 May. *Systematizing Approaches to the ALST: An Effort to Increase Achievement and Reduce Anxiety*. Presenter at the Special Meeting of the Commission on Independent Colleges and Universities, Albany, NY.
- 2014 October. *Unpacking the Close Reading Element of the Common Core in Content Area Classes*. Presenter at the Annual Meeting of the New York State Council for Exceptional Children, Syracuse, NY.
- 2014 October. *A Bone to Pick: Helping Students Master the Skeleton of the Argument*. Presenter at the 2014 Literacy Extravaganza hosted by St. Thomas Aquinas College, Sparkill, NY.
- 2013 October. *Teaching Academic Writing with a Focus on Critical Literacy for Common Core State Standards Success*. Presenter at the 2013 Literacy Extravaganza hosted by St. Thomas Aquinas College, Sparkill, NY.
- 2012 October. *Critical Literacy and the Common Core*. Presenter at the 2012 Literacy Extravaganza hosted by St. Thomas Aquinas College, Sparkill, NY.
- 2009 April. *Using Our Words: Preservice Teachers and their Preparation for the Instruction of Argument*. Participant in the Division K Graduate Student Seminar at the Annual Meeting of the American Educational Research Association, San Diego, CA.
- 2008 November. *Come Together, Right Now: Secondary and College Teachers Talk About the Preparation of Educators*. Discussion leader at the Annual Meeting of the National Council of Teachers of English, San Antonio, TX.
- 2007 November. *The English Education Legacy of New York University*. Roundtable leader at the Annual Meeting of the National Council of Teachers of English, New York, NY.
- 2007 November. *Find It Before You Cross It: Preservice Teachers, Urban Schools, and the Digital Divide*. Paper presented at the Annual Meeting of the National Council of Teachers of English, New York, NY.

Publications

- Mayher, John S. and Regine S. Rossi. (2011). No R-E-S-P-E-C-T: Blaming Teachers and Teacher Educators for the 'Crises' in American Schools. *English in Australia*, 46(2).

P-12 Collaboration

- Professional development series (academic writing), Paramus Catholic High School Social Studies Department, Fall 2015.

Teaching Experience, St. Thomas Aquinas College

General Courses

- Issues in Education (undergraduate)
- Student Teaching Seminar (undergraduate and graduate)

Literacy Courses

- Reading in the Content Areas (undergraduate and graduate)
- Writing in the Content Areas (undergraduate and graduate)
- Reading and Writing Across the Curriculum (graduate)
- Teaching of Writing (graduate)
- Diversity Themes in Children's and Adolescent Literature (graduate)

English Education Courses

- English Teaching Methods (undergraduate and graduate)

Teaching Experience, New York University

General Courses

- New Student Seminar (undergraduate)
- Adolescent Learners in Urban Contexts (graduate)
- Inquiries into Teaching and Learning II (undergraduate)
- Inquiries into Teaching and Learning III (graduate)
- Student-Teacher Supervision (undergraduate and graduate)

Literacy Courses

- Texts, Tools, and Culture (graduate)
- Reading and Writing (graduate)

English Education Courses

- Literature and the Adolescent Experience (graduate)
- The English Teacher as Reflective Practitioner (graduate)

Teaching Experience, University Neighborhood High School, New York, NY

- Inquiries into Teaching and Learning/Project MUST (grades eleven and twelve): September 2007-May 2008

Teaching Experience, Atlantic Community High School, Palm Beach County, FL

- Language Arts (grade nine): July 2003-January 2004, July 2005-June 2006
- Language Arts (grade ten): July 2004-June 2005
- Creative Writing (grades nine-twelve): July 2004-June 2005
- Journalism (grades nine-twelve): July 2003-March 2004, July 2004-June 2005
- International Baccalaureate English (grade twelve): January-June 2004

Service, St. Thomas Aquinas College

- Faculty Advisory Committee (elected): May 2016-December 2019
- Head Librarian Search Committee: January 2016-December 2019
- Academic Computing Committee: September 2015-December 2019
- General Education Curriculum Committee: September 2014-December 2018
- Institutional Assessment/Reaccreditation Committee: September 2012-March 2018
- Vice President for Academic Affairs Search Committee: September 2014-July 2015

Service, American Educational Research Association

- Reviewer, Division G – Section 1: September 2017
- Reviewer, Division K – Section 1: September 2014
- Reviewer, Division K – Section 3: September 2014

Service, New York State English Council

- Reviewer, The English Record: Fall 2008-Fall 2010

Service, New York University

- Member/Presenter, TEAC Accreditation Committee, Steinhardt School: Fall 2010-May 2012
- Reviewer, The Journal of Equity in Education: Spring 2010-present
- Member, English Education Faculty Search Committee, Steinhardt School: Fall 2007-Spring 2008
- Member, Childhood Education Faculty Search Committee, Steinhardt School: Spring 2007
- Member, Department of Teaching and Learning Curriculum Committee, Steinhardt School: Spring 2007

Service, New York City Department of Youth and Community Development

- Consultant, Professional Development for After-School Reading Instructors: May 2007

Service, Florida Council of Teachers of English

- Judge, State Writing Contest: Summer 2005

Service, Atlantic Community High School, Palm Beach County, Florida

- Developer, Eagle Buddy Reading Program: September 2005-June 2006
- Core-Team Leader, Ninth-Grade Academy: July 2005-June 2006
- Teacher-on-Assignment (Assistant Principal): January 2004-June 2006

Service, University of Florida

- Member/Presenter, NCATE/State Department of Education Accreditation Committee, College of

Education: Spring 2003