

Kyle Adams, PT, DPT, DSc, OCS, CSCS, FAAOMPT

Fellow - American Academy of Orthopaedic Manual Physical Therapy

Board-Certified Clinical Specialist in Orthopaedic Physical Therapy

Therapeutic Pain Specialist

Certified Strength and Conditioning Specialist

Current Institution: Clinical Associate Professor - Baylor University

Email: Kyle_Adams@Baylor.edu

Office Phone: 254-710-8004

Education:

Doctor of Science in Physical Therapy

Bellin College

May 2024
Green Bay, WI

Hybrid Learning Certification

Evidence in Motion

October 2017
Louisville, KY

Therapeutic Pain Specialist Certification

International Spine & Pain Institute

October 2017
Story City, IA

Fellowship in Orthopaedic Manual Physical Therapy

Evidence In Motion

December 2011
Louisville, KY

Doctor of Physical Therapy

SUNY Upstate Medical University

May 2008
Syracuse, NY

Master of Arts (Physical Therapy)

SUNY Upstate Medical University

May 2001
Syracuse, NY

Bachelor of Science (Health Sciences)

SUNY Upstate Medical University

May 2001
Syracuse, NY

Bachelor of Arts (Biology)

Hamilton College

May 1997
Clinton, NY

Licensure Information/Registration Number:

New York Physical Therapy License: 023035-1

Professional Certifications:

2017-present	Therapeutic Pain Specialist
2017-present	Hybrid Learning Certification
2012-present	Fellow in the American Academy of Orthopaedic Manual Physical Therapists
2005-present	Board-Certified Clinical Specialist in Orthopaedic Physical Therapy (ABPTS)
2004-present	Certified Strength & Conditioning Specialist
1997-present	CPR

Version: 1/2026

Employment and Positions Held:

Clinical Associate Professor March 2024-present
Baylor University DPT Program Waco, TX
Teaching Experience: Hybrid Learning

Clinical Assistant Professor October 2017-March 2024
Baylor University DPT Program Waco, TX
Teaching Experience: Hybrid Learning

Physical Therapist Full-time: September 2006-September 2016
Pro-Active Physical Therapy Per Diem: October 2017-February 2020
Experience: Staff therapist/Clinic Manager/Mentor Per Diem: March 2024-Current
North Syracuse, NY

Program Coordinator September 2016-December 2017
Orthopedic Physical Therapy Residency and Spine Fellowship Ithaca, NY
Cayuga Medical Center
Teaching Experience: Traditional Learning, Transitioning to Blended Learning

Adjunct Instructor June 2015-December 2017
South College DPT Program Knoxville, TN
Teaching Experience: Led Biophysical Agents Course and Assisted with
Lower Extremity Musculoskeletal Course

Subject Matter Expert October 2015
Rasmussen College Egan, MN
Teaching Experience: Served as subject matter expert for developing
PTA program curriculum

Faculty and Course/Program Content Developer October 2011-2022, 2026
Evidence In Motion Louisville, KY
Teaching Experience: Developed content and instructed courses for
Orthopaedic Residency, Manual Therapy Fellowship, and Older Adult
Certification Program for PTs, and for the Orthopaedic Certification
Program for PTAs, Mentored Residents and Fellows in Training

Adjunct Faculty January 2007-May 2016
SUNY Upstate Medical University Syracuse, NY
Teaching Experience: Lab assistant for Biophysical agents first few
years, and primary instructor the remaining years

Peer Reviewed Publications (In Review, In Press, Published):

- **Adams KR**, Feda, J, Ardolino L, Unverzagt C, Bachman T. Non-cognitive factors and early success in a hybrid DPT program. (In Review)
- Rufa G, **Adams KR**, Dolphin M. Prevalence, Incidence, and Associated Conditions of Complex Regional Pain Syndrome in a Large Real-World Dataset. (In Review)
- Kolb W, **Adams KR**, Dolphin M, Puenteadura E, McDevitt A. New formative assessment for thrust joint manipulation: Delphi study. (In Review)
- Feda J, Pucillo E, Wenger L, Scales M, **Adams KR**, Minahan C, Martin J, Smith N. Validation of the Learning and Study Strategies Inventory (LASSI) in Doctor of Physical Therapy Learners - A Retrospective Observational Study. *Phys Ther.* 2025;105(10). PMID: 40899704. (Published)
- Feda J, **Adams KR**, Wenger L, Young J, Catalino T, Gagnon K. Exploration of Predictive Relationships Between Learning and Study Strategies and Student Success in Hybrid Physical Therapy Education. *J Allied Health.* 2025;54(2):e175-e181. PMID: 40493935. (Published)
- Rufa G, Brooks G, **Adams KR**, Dolphin M. The influence of low back pain-related attitudes and beliefs on the clinical decision making of physical therapists. *J Man Manip Ther.* 2024;32(5):515-523. (Published)
- **Adams KR**, Famuyide A, Young JL, Maddox D, Rhon DI. Pragmatism in manual therapy trials for knee osteoarthritis: a systematic review. *Archives Physio.* 2024;14:1-10. (Published)
- **Adams KR**, Bachman T. The use of biophysical agents physical therapy practice – A survey of DPT students in clinical education. *Journal of Clinical Electrophysiology and Wound Management.* 2024;2(1):55-73. (Published)
- Dolphin M, Garn, J, Miller, M, **Adams K**. More than the Achilles' heel: management of a complex recreational athlete. *Current Sports Medicine Reports.* 2024;23(2):32-34. (Published)
- **Adams KR**, Kolb W, Geiser MB, Dolphin M. A novel model for developing thrust joint manipulation skills: a teaching and learning perspective. *J Man Manip Ther.* 2024;1:1-9. (Published)
- **Adams KR**, Feda JT, Rossi RS. High intensity strengthening following Total Knee Arthroplasty enabling patient to rapidly exceed age-related functional norms: a report. *WJ Yoga Phys Ther & Rehabil.* 3(4):2022. (Published)
- Rufa A, Dolphin M, **Adams K**, Brooks, G. Factors associated with the low back pain-related attitudes and beliefs of physical therapists. *Musculoskeletal Science & Practice.* 2022. (Published)

Publications (Book Chapters):

- **Adams K**, Koppenhaver S, Flynn T. Clinical Examination of the Lumbar Spine in Patients with Hip and Knee Pain (Chapter) in *Hip and Knee Pain Disorders* by Mathew, Courtney & Fernández-de-las-Peñas. Handspring Publishing. 2022. Published

Peer Reviewed Scientific and Professional Presentations:

- Feda J, Pucillo E, Wenger L, Scales M, **Adams KR**, Minahan C, Martin J, Smith N. Validation of the Learning and Study Skills Instrument in Doctor of Physical Therapy Students.
Platform Presentation
Education Leadership Conference, APTA, Oakland, CA

October 2024

- **Adams KR**, Famuyide A., Young JL, Maddox D, Rhon DI.
Manual Therapy Trials for Knee Osteoarthritis are Less Likely to Have Pragmatic Study Designs: A Systematic Review.
5x5 Presentation
Annual Conference, AAOMPT, St. Louis, MO

October 2023

- Borgehammer J, Film R, Wenger, L, Windsor N, Vickers R, **Adams KR**, Minor K, West L, Rivard J.
Do physical therapy profession demographics match United States trends?
Poster Presentation
Annual Conference, AAOMPT, St. Louis, MO

October 2023

- Fedra J, **Adams KR**, Wenger L, Young J, Catalino T, Sturdivant R, Gagnon K.
Investigating the Relationship Between the Learning and Study Strategies Inventory for Learning Online (LLO) and Academic Performance in Doctor of Physical Therapy Students.
Platform Presentation
Education Leadership Conference, APTA, Philadelphia, PA

October 2023

- **Adams KR**, Bachman T.
The Reality Regarding Biophysical Agents Use in Clinical Education and Practice
Platform Presentation
Combined Sections Meeting, APTA, San Diego, CA
February 2023

- Geiser MB, Dolphin M, Kolb W, **Adams K**.
Snap-Crackle-Pop: Innovative ways to inspire your hand skills needed for manipulation.
Platform Presentation
Annual Conference, AAOMPT, San Diego, CA
October 2022

- Rufa A, Brooks G, Dolphin M, **Adams K**.
Differences in LBP-Related Attitudes and Beliefs of Student Physical Therapists and Student Physical Therapist Assistants
Poster Presentation
Combined Sections Meeting, APTA. San Antonio, TX
February 2022

- Boddy A, Bachman T, **Adams K**, Cook J, Beuning B, Gantt C, Fedra J.
Prioritizing Writing Habits in Hybrid DPT Faculty Through Implementation of WAGs.
Poster Presentation
Education Leadership Conference, APTA. Atlanta, GA
October 2021

- Unverzagt C, Koppenhaver S, **Adams K**, Longbottom T, Walker M.
Reliability of Asynchronous Admissions Interviews
Virtual Poster Series
APTA Pennsylvania
March 2021

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- Bachman T, **Adams K**.
Analysis of Clinical Reasoning at Two-Points during Entry-Level Physical Therapy Student Education
Virtual Poster Presentation
Combined Sections Meeting, APTA - Virtual
February 2021
- **Adams K**, Bachman T.
Student Experiences with Use of Biophysical Agents During Clinical Education
Virtual Poster Presentation
Combined Sections Meeting, APTA – Virtual
February 2021

Funded/In Review Grant Activity:

- Fedra J, **Adams KR**, Wenger L, Young J, Catalino T, Gagnon K. Investigating the Relationship Between the Learning and Study Strategies Inventory for Learning Online (LLO) and Academic Performance in Doctor of Physical Therapy Students. \$5,000 Baylor University Teaching and Learning Grant. 2021-2022.
- Kolb, W, Dolphin M, **Adams KR**. Reliability and Validity of the Quick POPA: a novel assessment tool for thrust joint manipulation tasks. \$10,000 Radford University Seed Grant. 2025-2026.
- Fedra J, Puentedura E, **Adams KR**, Shaffer A, Hoepfner J, Rakheon K, Barrett T, Koppenhaver S. Validation of a clinical prediction rule to identify patients with neck pain likely to benefit from cervical spinal manipulation: A randomized trial. Foundation for Physical Therapy Research. \$200,000 Paris Patla Manual Therapy Research Grant. 2025-2027.

Current/Active Research Activity:

- **Adams KR**, Beuning B, Young B. Exploration of an alternative method of measuring cervical rotation range of motion.
- Kolb W, **Adams KR**, Dolphin. Reliability and Validity of the Quick POPA: a novel assessment tool for thrust joint manipulation tasks.
- Minahan C, Pucillo E, Wenger L, Scales M, **Adams KR**, Fedra J, Martin J, Smith N. Normative Values for the Learning and Study Strategies Inventory (LASSI) in Doctor of Physical Therapy Learners.
- Fedra J, Puentedura E, Barrett T, **Adams KR**, Koppenhaver S. Validation of a clinical prediction rule to identify patients with neck pain likely to benefit from cervical spinal manipulation: a randomized trial.
- Ardolino E, Fedra J, Gantt C, **Adams KR**, Boddy A. Impact of a structured coaching program on student success and well-being in a hybrid DPT program.

Scholarly Work (Incomplete)

- Rodeghero J, Zang A, **Adams K**, Whitman J, Cleland J. The Influence of a Transitional Doctorate of Physical Therapy on Clinical Outcomes. 2015. – this project was completed with support of the 2012 OPTP Research Grant issued by the American Academy of Orthopaedic Manual Physical Therapists.
- Rodeghero J, Whitman J, **Adams K**, Kirby J, Cleland J, Cook C. The Influence of Years of Experience on Clinical Outcomes for Patients with Low Back Pain: A cohort study.

Non-Peer Reviewed Presentations/Continuing Education Workshops:

- **Adams K**, Rossi R. Hybrid Learning in PT Education: Maximizing Student Engagement. NYPTA Virtual Presentation. December 2020.
- Gagnon K, Young B, Unverzagt C, Puentedura L, **Adams K**. Lessons from the Trenches: The Nuts & Bolts of Implementing a Lab Immersion. ACAPT Webinar. May 2020.
- **Adams K**. Physical Therapist Assistant MSK Upper Quarter Management via Evidence In Motion. Online Course. Summer, 2019.
- **Adams K**, Soncrant J, Tedrick R, Owens S. Physical Therapist Assistant Advanced Proficiency in Orthopaedics Weekend Intensive. Oakbrook, Illinois, July 2019.
- **Adams K**, Zang A. Management of Lower Extremity Disorders Weekend Intensive. Buffalo, New York, April 2019.
- **Adams K**, Owens S. Physical Therapist Assistant Advanced Proficiency in Orthopaedics Weekend Intensive. Buffalo, New York, March 2019.
- **Adams K**. Clinical Application of Pain Neuroscience Education. North Syracuse, New York, March 2019.
- **Adams K**, Brown T. Physical Therapist Assistant Advanced Proficiency in Orthopaedics Weekend Intensive. Baxter, Minnesota February 2019.
- **Adams K**. Physical Therapist Assistant MSK Upper Quarter Management via Evidence In Motion. Online Course. Winter, 2019.
- **Adams K**. Management of Lumbopelvic Disorders. North Syracuse, New York, November 2018.
- **Adams K, Headtke M, Brown T**. Physical Therapist Assistant Advanced Proficiency in Orthopaedics Weekend Intensive. Ortonville, Minnesota October 2018.
- **Adams K**. Physical Therapist Assistant MSK Upper Quarter Management via Evidence In Motion. Online Course. Fall, 2018.
- **Adams K**. Physical Therapist Assistant Virtual Rounds and Case Presentations via Evidence In Motion, Spring, Online Course. 2018.
- **Adams K**, Soncrant J, Owens S. Physical Therapist Assistant Advanced Proficiency in Orthopaedics Weekend Intensive. Kissimmee, Florida, July 2018.
- **Adams K**. Physical Therapist Assistant MSK Upper Quarter Management via Evidence In Motion. Online Course. Summer, 2018.
- **Adams K**. Physical Therapist Assistant Virtual Rounds and Case Presentations via Evidence In Motion, Spring, 2018.
- **Adams K**. Physical Therapist Assistant Advanced Proficiency in Orthopaedics Weekend Intensive. Oakbrook, Illinois, March 2018.
 - Created course content and provided instruction
- **Adams K**. Physical Therapist Assistant MSK Upper Quarter Management via Evidence In Motion. Online Course. Winter, 2018.
- Flynn T, **Adams K**. Musculoskeletal Practice 2 (Lower Extremity Conditions). South College entry-level Doctor of Physical Therapy program. Online Course. Knoxville, Tennessee, Fall, 2017.
- **Adams K**, Reynolds T. Physical Therapy Management of Hip and Knee Conditions. Cayuga Medical Center Physical Therapy Orthopedic Residency Program, Ithaca, New York, September 2017.
- **Adams K**. Manipalooza Too, Ashburn, Virginia, September 2017.
- **Adams K**. Are you afraid of low back pain? Cayuga Medical Center Community Lecture Series, Ithaca, New York, May 2017.

- **Adams K**, Soncrant J, Masri R. Foot, and Ankle Manual Therapy for the Running Athlete, Manipalooza. Denver, Colorado, April 2017.
- **Adams K**. Management of Lumbo-Pelvic Conditions, Ithaca, New York, February 2017.
- **Adams K**. Management of Cervical and Thoracic Disorders. Chicago, Illinois, August 2016.
- **Adams K**. Physical Agents. South College entry-level Doctor of Physical Therapy program. Hybrid Course. Knoxville, Tennessee. Summer, 2015.
- **Adams K**, Soncrant J. Management of Musculoskeletal Problems in the Older Adult. Louisville, Kentucky, May 2016.
 - Created course content and provided instruction
- **Adams K**. Management of Upper Extremity Disorders. Oakbrook, Illinois, April 2016.
- Neilson B, **Adams K**. Transforming Aging: Healthier Living with PT Science. Deadwood, South Dakota, April 2016.
- **Adams K**. Management of Musculoskeletal Problems in the Older Adult via Evidence In Motion. Online Course. Spring, 2016.
- **Adams K**. Management of Upper Extremity Disorders. Atlanta, Georgia, October 2015.
- **Adams K**. Transforming Aging – Healthier Living with PT Science, Atlanta, Georgia, October 2015.
- **Adams K**. Management of Upper Extremity Disorders. North Syracuse, New York, October 2015.
- **Adams K**. Tool-based Soft Tissue Mobilization. SUNY Upstate Medical University DPT program. Syracuse, New York, Fall 2011 and 2012, Spring and Fall 2013, Fall 2014 and 2015.
- **Adams K**. Management of Cervical and Thoracic Disorders. Green Bay, Wisconsin, August 2015.
- **Adams K**. Physical Agents, South College entry-level Doctor of Physical Therapy program. Hybrid Course. Knoxville, Tennessee. Summer, 2015.
- **Adams K**. Transforming Aging – Healthier Living with PT Science, Minneapolis, Minnesota, June 2015.
- **Adams K**. New York State Regional Student Conclave, “Residencies and Fellowships.” Ithaca, New York, April 2015.
- **Adams K**. Management of Upper Extremity Disorders. Oakbrook, Illinois, April 2015.
- **Adams K**. Transforming Aging – Healthier Living with PT Science, Oakbrook, Illinois, April 2015.
- Created course content and provided instruction
- **Adams K**, Unverzagt C. Management of Cervical and Thoracic Disorders. Glen Mills, Pennsylvania, February 2015.
- **Adams K**. Management of Cervical and Thoracic Disorders via Evidence In Motion. Online Course. Winter, 2015.
- **Adams K**. PRIMETIME – Introduction to Evidence In Motion, Binghamton, New York, November 2014.
- **Adams K**. Management of Upper Extremity Disorders. Benson, Minnesota, October 2014.
- **Adams K**. Management of Upper Extremity Disorders via Evidence In Motion. Online Course. Fall, 2014.
- **Adams K**. Management of Cervical and Thoracic Disorders. Bolingbrook, Illinois, August 2014.
- **Adams K**. Management of Lumbopelvic Disorders. University of Rhode Island, Kingston, Rhode Island, August 2014.
- **Adams K**. Management of Upper Extremity Disorders via Evidence In Motion. Online Course. Spring, 2014.
- **Adams K**. Regional Interdependence in Orthopaedic Physical Therapy. SUNY Upstate Medical University DPT program, Syracuse, New York, March 2012, 2013, 2014, 2015, and 2016.
- **Adams K**. Management of Lumbopelvic Disorders. Falls Church, Virginia, February 2014.

- **Adams K.** Evidence-based Examination and Selected Interventions for Patients with Upper Extremity Disorders. New York, New York, October, 2013.
- **Adams K.** Evidence-based Examination and Selected Interventions for Patients with Upper Extremity Disorders. Green Bay, Wisconsin, October, 2013.
- **Adams K.** Management of Shoulder Disorders. Co-instruction with Dr. Paul Mintken, PT, DPT, OCS, FAAOMPT, Buffalo, New York, April, 2013.
- **Adams K.** Management of Shoulder Disorders. Co-instruction with Dr. Robert Boyles, PT, DSc, OCS, FAAOMPT, Buffalo, New York, April, 2013.
- **Adams K.** Management of Lower Extremity Disorders. Newark, Delaware, February, 2013.
- **Adams K.** Management of Lower Extremity Disorders. Falls Church, February, 2013.
- **Adams K.** Evidence-based Examination and Selected Interventions for Patients with Upper Extremity Disorders. Lake Elmo, Minnesota, October, 2012.
- **Adams K.** Evidence-based Examination and Selected Interventions for Patients with Lumbopelvic Spine and Hip Disorders. Maplewood, Minnesota, April, 2011.
- **Adams K.** What is Pain? New York Physical Therapy Association Central District Meeting, Syracuse, New York, March, 2011.
- **Adams K.** Evidence-based Examination and Selected Interventions for Patients with Lower Extremity Disorders. Fayetteville, North Carolina, February, 2011.
- **Adams K.** Lumbar Spine Imaging: Indications, Implications, and Prevalence of Findings. Lecture provided during Evidence in Motion Residency Weekend Intensive, North Syracuse, New York, March, 2009.
- **Adams K.** Rehabilitation Following Total Knee Arthroplasty. Lecture provided during Evidence in Motion Residency Weekend Intensive, North Syracuse, New York, February, 2009.
- **Adams K.** Hip and Knee Osteoarthritis Review: PIER Review. Presented to Evidence In Motion Founders and Network Partners via EIM WebEx. February, 2008.
- **Adams K.** Total Body Functional Training. SUNY Upstate Medical University DPT program. Syracuse, New York, February and April, 2007, February, 2008.
- **Adams K.** It's All About Function: Total Body Functional Training. SUNY Upstate Medical University Physical Therapy Spring Symposium. Co-instruction with Adam Rufa, PT, MPT, OCS, CSCS. Syracuse, New York, March, 2007.
- **Adams K.** Surface Palpation of the Upper Quarter. SUNY Upstate Medical University DPT program, Syracuse, New York, July, 2006.
- **Adams K.** Total Body Functional Training. Central New York Orthopaedic Study Group, Co-instruction with Adam Rufa, PT, MPT, OCS, CSCS.. Auburn, New York, October, 2006.

Continuing Education Attended:

- APTA New York Annual Conference, Albany, NY, June 2025
 - Life in Motion: Encouraging Exercise and Optimizing Movement Across the Lifespan. Karen Litzzy, PT, DPT
 - Various research/poster presentations
- APTA Combined Sections Meeting, Houston, TX, February 2025.
 - Mini-Educational Sessions
 - The Evolution of Clinical Blood Flow Restriction (BFR): From Theory to Science to Practice

- ACL Injury and Recovery: A Multidisciplinary Approach from Surgery to Return to Sport & Beyond
 - Sustaining Success in Older Adults with Sarcopenia and Deconditioning
 - An Updated Biopsychosocial Approach in Personalized Geriatric Low Back Pain Management
 - Bringing Evidence into the Clinic: A New Approach to Knowledge Translation
 - The Power of the Thumb: Physical Therapy Management of Common Painful Thumb Conditions
 - Rotator Cuff Tendinopathy Diagnosis, Nonsurgical Medical Care and Rehabilitation: A Clinical Practice Guideline
 - Social Determinants of Health: Our Role As Physical Therapists
- APTA Combined Sections Meeting, Boston, MA, February 2024.
 - Mini-Educational Sessions
 - Disruptive Innovation: How to Bring Cutting-Edge Total Knee Arthroplasty Rehab Into Your Clinic
 - Refreshing Lens for the Management of Patellofemoral Pain
 - Pain Mechanisms in People with Knee Osteoarthritis: Insights from Phenotypes, Movement-Evoked Pain, and Sex
 - Integrating Minimal Footwear into Clinical Practice
 - What a Pain! Reconceptualizing Irritability
- Mindful Mentoring Presentation and Discussion. Alyson Hackett, PT, DPT, OCS, Cert. MDT, Syracuse, NY February 2024.
- Education Leadership Conference, Philadelphia, PA, October 2023.
- AAOMPT Annual Conference, St. Louis, MO, October 2023.
- APTA Combined Sections Meeting, San Diego, CA, February 2023.
 - Mini-Educational Sessions
 - Dosing Matters: Prescribing Exercise to Maximize Clinical Benefit
 - Orthopedics Platform: Session 3
 - Holistic Admissions: From Interviews to Infrastructure. A Panel Discussion on Implementation, Successes, and Challenges
 - Things You “Need-d” to Know about Osteoarthritis: Applying the Latest Evidence to Common Clinical Questions
 - Successful Outcomes for Improving Diversity, Equity, and Inclusion in Physical Therapy: A Five Pillar Approach
 - Significant Scapular Dyskinesia: The Evidence, the Evaluation Algorithm, and the Treatment Strategies

- Putting Biomechanics in the Chronic Pain Narrative: Getting to the Root Cause of the Problem
 - Clinical Identification of Neurobiological Pain Mechanisms: Rethinking Our Evaluation and Management of Musculoskeletal Pain
- AAOMPT Annual Conference – Inspire, San Diego, CA, October 2022.
- Is it Enough to be Psychologically Informed? Jeff Houck, PT, PhD, Syracuse, NY, October 2022.
- APTA Combined Sections Meeting, San Antonio, TX, February 2022.
 - Mini-Educational Sessions
 - Balancing Academic Metrics with Holistic Admissions: Analyzing the Data for Unintentional Consequences
 - Diversity, Equity, Inclusion: The Evolution of Education as Patient Populations and Generation Z Drive Change
 - DPT Diversity, Equity, and Inclusion (DEI) Practices and Students Physical Therapists’ Self-Perceived Cultural Competence
 - Part 1: DEI Simulation: An Up-Close View of Barriers, Biases, and Bad Outcomes
 - Pipeline Connections: A DPT Program’s HOSA Partnerships with Secondary Education and National Physical Therapy Initiatives
 - Time to Lean In: Getting Comfortable Being Uncomfortable
 - Understanding Fear-Avoidance in Patients with Acute, Subacute, and Chronic Pain
 - Integrating Mind-Body Therapies into Physical Therapist Practice
 - Analysis of Behavioral Interviews and Preadmission Variables to Predict Licensure Examination Outcomes in Physical Therapy
 - An Innovative Academic Leadership Toolbox to Transform Leaders in Physical Therapy Education
 - An Integrative Approach to the Diagnosis, Prognosis, and Management of Common Upper Extremity Mononeuropathies
- Educational Leadership Conference, Atlanta, GA, October 2021.
 - Education Leadership Talks – Part 1: Emerging leaders tackle hot topics in physical therapy education
 - Education Leadership Talks – Part 2: Emerging leaders tackle hot topics in physical therapy education amid COVID
 - Reflections of the Black Experience in the Physical Therapy Profession: Revisiting the DEI Consortium Listening Sessions of 2020
 - Diversity, Equity, and Inclusion in Physical Therapy: A review of the literature and strategies for sustainable change
 - A Blended Approach to the Development of Psychomotor Skill in the Beginner Learner
 - An Exploration of Doctor of Physical Therapy Students’ Belongingness in Clinical Education
 - Formative Assessment: Practical application for habits of the head and hand

- Elevating Access and Success for Underrepresented Groups: Recruitment, admissions, and retention in physical therapy education
- Early Assurance: What, who, and how
- Grant Writing Workshop Series. Virtual workshop facilitated by Peg AtKisson, Ph.D., Founder/President of AtKisson Training Group. March 2021.
- Building a Publishing Pipeline: Concrete Strategies for Increasing Your Writing Productivity. Virtual workshop facilitated by Erin Furtad, Ph.D., Professor at University of Colorado, Boulder. December 4, 2020.
- APTA Combined Sections Meeting, Denver, CO, January 2020.
 - Academy of Orthopaedic Physical Therapy Platform 3
 - Functional Movement Disorders: It's Not in Your Head
 - Ankle Stability and Movement Coordination Impairments and Ligament Sprains: Orthopaedic Section Practice Guideline Update 2020
 - Getting your Head Out of the Books: Collaborative and Experiential Learning Across a DPT Curriculum
 - What is All the Hype About Running Shoes? Practical Implications for the Running Tactical Athlete
 - Movement System-Based Treatment Approach for the Hip Joint
 - Sports Medicine Secrets: Evidence-Based Lower Extremity Sports Movement Analysis: Sprinting, Cutting, and Jumping
 - Using Pain Neuroscience Education for Patients at Different Stages of Life: 4 Case Studies
 - Academy of Orthopaedic Physical Therapy Platform 7
- Manipalooza. Dallas, Texas, November 2019.
- The Relevance of Yoga for the Physical Therapist. Central District NYPTA Evening Lecture, Dr. Rebecca Alexander, PT, DPT, E-RYT, Syracuse, New York, October 2019.
- APTA Combined Sections Meeting, Washington D.C., January 2019.
 - Science Meets Practice: Neuroplasticity Following ACL Injury and ACL Reconstruction
 - Pain Talks: Conversations with Pain Science Leaders on the Future of the Field
 - The Athlete in Pain: Moving Beyond the Tissues to the Person
 - The Brain Has an ACL Problem
 - A Foot Core Approach to Treating Plantar Fasciitis
 - Pain Science Within Tendinopathy Management: Square Peg, Round Hole?
 - Optimal Shoulder Treatments: A Movement Analysis Perspective
- Hybrid Learning Summit, New Braunfels, Texas, February 2019.

- Align Conference, Denver, Colorado, June 2018.
- Evidence-Based Exercise Interventions for Parkinson’s Disease. Central District NYPTA Cont. Educ Series, Dr. Pat VanBeveren, PT, MA, DPT, GCS & Dr. Julie Lombardi, PT, DPT, Syracuse, New York, March 2018.
- APTA Combined Sections Meeting, New Orleans, Louisiana, February 2018.
 - Taking the Gloves Off: Evidence-Informed Manual Therapy for UE Conditions, Part 1
 - Moving Patients to Health: Integrating Holistic Health and Fitness into Practice
 - Wrist Injuries: Evaluation and Treatment Incorporating Proprioception
 - A Zebra Among Us: Recognition and Management of Hypermobility Spectrum Disorders
 - Clinical Reasoning: Video Games and Virtual Reality in Pediatric PT Practice
 - Neurodynamics 2.0: Pain, Plasticity and Desensitizing the Nervous System
 - What every PT Student Needs to Know About Pain Neuroscience Education
- Hybrid Learning Summit, San Antonio, Texas, January 2018.
- Teaching Practicum in Blended Learning and Teaching. Online Course. October 2017.
- Effective Skills in Blended Learning and Teaching. Online Course. August 2017.
- Essentials in Blended Learning and Teaching, Online Course. July 2017.
- CAP Clinical Integration: Motivational Interviewing Workshop (3-day interactive course), Alexander Waitt, MS, MEd, Ithaca, New York, May 2017.
- Business of Chronic Pain. International Spine & Pain Institute. Online Course, 2017.
- Hypermobility Syndrome. Professional Sports Medicine Professional Lecture Series, Dr. Amy McQueen, MD, Cayuga Medical Center, Ithaca, New York, May 2017.
- Everything Hurts. International Spine and Pain Institute. Online Course, 2017.
- Perioperative Therapeutic Neuroscience Education. International Spine & Pain Institute. Online Course, 2017.
- Application of Pain Sciences. Michael Costello, PT, DSc, OCS, MTC, Cayuga Medical Center, Ithaca, New York, April 2017.
- APTA Combined Sections Meeting, San Antonio, Texas, February 2017.
 - Integrating a PT First Approach in Emerging Healthcare Models
 - Why Wait for Fellowship Training to Learn How to Reason?
 - Moving Forward with the Movement System: Let’s Work Together

- Best Treatment Approach for Subacromial Impingement Syndrome
 - Evidence-Based Practice for Running Injuries: Are We on the Right Path?
 - Orthopaedic Residency EIG Programming: Amplify Your Clinical Reasoning: Guides for Empathy and Expertise
 - ISIG Programming: Imaging in Physical Therapy: from Classroom to Clinical Practice.
 - A Cognitive-Biomechanical Approach to Common Chronic Musculoskeletal Conditions.
- Residency and Fellowship 101, Online Course, 2017.
 - An Evidence Informed Paradigm for IT Tract Associated Pathology. Professional Sports Medicine Professional Lecture Series, Paul Geisler, EdD, ATC, Cayuga Medical Center, Ithaca, New York, January 2017.
 - Exercise-Induced Asthma. Professional Sports Medicine Professional Lecture Series, Dr. Lavanya Kodali, MD, Cayuga Medical Center, Ithaca, New York, December 2016.
 - Running Thoughts from a Running Doctor. Professional Sports Medicine Professional Lecture Series, Dr. Andrew Getzin, MD, Cayuga Medical Center, Ithaca, New York, November 2016.
 - Extension-Based Low Back Pain in Young Athletes: Beyond Bony Healing. Professional Sports Medicine Professional Lecture Series, Dr. John Winslow, PT, DPT, OCS, MTC, ATC, Cayuga Medical Center, Ithaca, New York, October 2016.
 - Therapeutic Neuroscience Education: Focus on Function Weekend Intensive. Falls Church, Virginia, October 2016.
 - Neurodynamics and CRPS Weekend Intensive. Falls Church, Virginia, September 2016.
 - Too Hot to Handle. International Spine and Pain Institute. Online Course, 2016.
 - Neurodynamics I and II. International Spine and Pain Institute. Online Course, 2016.
 - Therapeutic Neuroscience Education. International Spine & Pain Institute. Interactive Online Course, 2016.
 - Introduction to the Diagnosis and Management of Chronic Spinal Pain. International Spine & Pain Institute. Online Course, 2016.
 - AAOMPT Annual Conference – Minimizing Pain, Normalizing Movement, Maximizing Function. Louisville, Kentucky, October, 2015.
 - AAOMPT Annual Conference – Clinical Reasoning: The Science, Skills, and Value of OMPT. San Antonio, Texas, October, 2014.

- Manipalooza. Denver, Colorado, May, 2014.
- Primary Spine Practitioner Training: Putting It All Together. Dr. Donald R Murphy, DC, DACAN, Rochester, New York, May 2014.
- Primary Spine Care and the Cervical Spine. Dr. Donald R Murphy, DC, DACAN, Rochester, New York, April 2014.
- Principles of Primary Spine Care and the Lumbopelvic Spine – Part 2. Dr. Donald R Murphy, DC, DACAN, Rochester, New York, October 2013.
- Principles of Primary Spine Care and the Lumbopelvic Spine – Part 1. Dr. Donald R Murphy, DC, DACAN, Rochester, New York, September 2013.
- Fleet Feet Annual Medical Professionals Night. Proper Run Training. Dewitt, New York, 2012.
- Tennis Elbow: “What you don’t know can hurt you.” Dr. Michael Nancollas, MD, and Dr. Susan Michlovitz, PT, PhD, CHT, Fayetteville, New York, May, 2012.
- Fleet Feet’s Injury prevention clinic for triathletes. Dr. Chris Fatti, Dr. Daniel Wnorowski, Drew Jenk, PT, Brian Collins, PT, Brendan Jackson, PT, Dewitt, New York, April, 2012.
- ACL Reconstruction: Discussion of current techniques. Dr. Ryan Smart, Fayetteville, New York, 2012.
- Lumbar and Cervical Surgical Techniques. Dr. Rodziewicz, Fayetteville, New York, 2011.
- Thumb Osteoarthritis: Just the Facts – What Works? Dr. Michael Nancollas, MD, and Dr. Susan Michlovitz, PT, PhD, CHT, Fayetteville, New York, 2011.
- Proper Running Mechanics. Fleet Feet Annual Medical Professionals Night, Dewitt, New York, 2011.
- Spinal Manipulation: Eighth Annual Update for Physical Therapists, Osteopathic Physicians and Medical Doctors - Course 2. Dr. Peter Gibbons, MB BS DO DM-SMed MHSc and Dr. Philip Tehan, DO DipPhysio MHSc, Tulsa, Oklahoma, 2011.
- Evidence-based Examination and Selected Interventions for Patients with Upper Extremity Disorders. Dr. Robert S. Wainner, PT, PhD, OCS, ECS, FAAOMPT, North Syracuse, New York, 2007.
- Orthopedic Issues for the Older Adult. Dr. Dale Avers, PT, DPT, PhD and Dr. Patrick VanBeveren, PT, DPT, MA, OCS, CSCS, Syracuse, New York, 2007.
- Perform Better Functional Training Summit. Providence, Rhode Island, 2005, 2006, 2007.

- Evidence-based Physical Therapy Practice: Charting a Course for Your Success. Home Study, 2006.
- Building the Ultimate Back: From Rehabilitation to High Performance. Dr. Stuart McGill, PhD, Syracuse, New York, 2006.
- Evidence-based Examination and Selected Interventions for Patients with Cervical Spine Disorders. Dr. Robert S. Wainner, PT, PhD, OCS, ECS, FAAOMPT, North Syracuse, 2006.
- Evidence, Appropriateness, and Indications for Manipulation for the Lumbar, Sacro-Iliac Spine and Post-Manual Therapy Exercise. David McCune, PT, Mphity St, OCS, ATC, FAAOMPT, New York, 2006.
- Evidence, Appropriateness, and Indications for Manipulation of the Cervical and Thoracic Spines. David McCune, PT, Mphity St, OCS, ATC, FAAOMPT, Syracuse, New York, 2006.
- Evidence-based Examination and Selected Interventions for Patients with Knee Disorders. Dr. G. Kelley Fitzgerald, PT, PhD, OCS, Syracuse, New York, 2006.
- North American Institute of Orthopaedic Manual Therapy, Inc.: Level III Lower Quarter – Parts 1 and 2. Michele Roy, BSc PT, MCPA, FCAMT, New York, 2004.
- North American Institute of Orthopaedic Manual Therapy, Inc.: Chronic Headache, Neck Pain and Dizziness. James Meadows, BSc PT, MCPA, FCAMT, Auburn, New York, 2004.
- North American Institute of Orthopaedic Manual Therapy, Inc.: Level III Upper Quarter – Parts 1 and 2. Michele Roy, BSc PT, MCPA, FCAMT, New York, 2003.
- North American Institute of Orthopaedic Manual Therapy, Inc.: Level II Lower Quarter – Parts 1 and 2. Michele Roy, BSc PT, MCPA, FCAMT, New York, 2003.
- Lumbar Spine and Pelvic Girdle Evaluation and Treatment. Timothy J. Crunk, MS, PT, CFMT, CSCS, Auburn, New York, 2003.
- SUNY Upstate Medical University at Syracuse Spring Sports Medicine Symposium, Syracuse, New York, 1999, 2000, 2003.
- Osteopathic Physiatriic Approach to Carpal Tunnel Syndrome. Dr. Patricia Hart, DO, Syracuse, New York, 2002.
- North American Institute of Orthopaedic Manual Therapy, Inc.: Level II Upper Quarter – Parts 1 and 2. Michele Roy, BSc PT, MCPA, FCAMT, Syracuse, New York, 2002.
- North American Institute of Orthopaedic Manual Therapy, Inc.: Introduction to principles of Orthopaedic Manual Therapy – Parts A and B. Michele Roy, BSc PT, MCPA, FCAMT, Syracuse, New York, 2002.

- CNY Hand Therapy Forum: Distal Radius Fracture. Dr. Daniel Murphy, MD, Syracuse, New York, 2002.
- CNY Hand Therapy Forum: Tendinopathies: the Unabridged Version. Dr. Michael Nancollas, MD, Syracuse, New York, 2002.
- Manual Therapy Seminar: How to Not Treat the Cervical Spine. Dr. Richard Erhard, DC, PT, Auburn, New York, 2002.
- Manual Therapy for the Cervico-thoracic Region. David McCune, PT, Mphity St, OCS, ATC, FAAOMPT, Syracuse, New York, 2001.
- Northeast Seminars: Recent Advances in the Evaluation and Treatment of the Knee and Shoulder. Kevin Wilk, PT, Utica, New York, 2001.
- Essentials of Manual Therapy: The Lumbo-Pelvic Region – Courses II and III. David McCune, PT, Mphity St, PT, OCS, ATC, FAAOMPT, Syracuse, New York, 2001.
- Pharmacology for the Physical Therapist. Dr. Chuck Ciccone, PhD, PT, Syracuse, New York, 2001.

Membership in Scientific/Professional Organizations:

Academy of Education, American Physical Therapy Association
2022-present

American Council of Academic Physical Therapy
2020-present

American Academy of Orthopaedic Manual Physical Therapists
2007-present

American Physical Therapy Association
2000-present

American Physical Therapy Association-New York
2000-present

Academy of Orthopaedics, American Physical Therapy Association
2000-present

National Strength and Conditioning Association
2004-2017

Central NY Orthopedic Study Group
2002-2012

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Community Service:

Treasurer

APTA New York

2025-present

HOSA Volunteer

APTA Combined Sections Meeting – Boston, MA

2024

Reviewer

JOSPT Cases

2022-present

Member

AAOMPT Inclusive Membership & Engagement Committee

2022-present

Finance Committee Member

AOPT

2021-present

PT Moves Me Chapter Ambassador – New York

APTA

2021-present

Mentor

Manual Physical Therapy Fellow-In-Training, Orthopaedic Residents, and other physical therapists

2019-present

Delegate

Delegate Assembly for APTA New York

2018, 2021-present

Elected Board Member/Treasurer

Bayberry Community Association (non-profit organization)

2018-present

Finance Committee Member

APTA New York Finance Committee Member

2021-2025

Treasurer

Central District of APTA New York

2018-2025

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Member

ACAPT DEI Consortium

2022-2023 – entire consortium sunsetted in 2023

Item Writer

Specialization Academy of Content Experts (SACE)

2022-2023

Pro Bono Physical Therapy Consultations

2020-2023

Delegate

APTA House of Delegates

2021

Faculty Search Committee

Tufts University

2019

Provided Christmas gifts to families in need, North Syracuse, NY

2006-2016

Organized/participated in monthly donations to local charities via PT clinic, North Syracuse, NY

2006-2016

Provided pro bono Injury/Performance Screenings for Youth Sports Teams, North Syracuse, NY

2004-2009

American Heart Association Dear Neighbor Campaign, Liverpool, NY

2001-2009

American Heart Run Organizing Committee, Syracuse, NY

2001

Special Olympics Volunteer (Soccer Officiating)

2000

Habitat for Humanity (Landscaping)

1999

Services to the University/College/School on Committees/Councils/Commissions:

University-wide

Contributor to the “Courageous Conversations: Belonging” lecture developed by the Baylor University

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Equity, Civil Rights, and Title IX Office (Mandatory training for all Baylor University faculty and staff
2022

Mentor for Baylor Faculty while they transitioned to Virtual Instruction during COVID-19
2020-2021

School

2022-2023

Marketing and Communications Team – Group was sunsetted in 2023

Department

2022-present

Faculty Search Committee x 7

2021-present

Marketing for DPT Program

2021-present

Chair of Baylor DPT Admissions Committee

2018-present

Serve as Faculty Coach for about 10% of the Students in Baylor's PT program

2021-2025

Team Leader for Strategic Goal 2.1: Engage DPT Alumni to sustain connection to the program

2021-2022

Assessment Committee Member

2017-2021

Admissions Committee

Honors and Awards:

APTA New York Outstanding Service to District Award - Central
2025

Robbins College Pure Gold Award Winner for Teaching: Baylor University
2024

Student of the Month: Bellin College DSc PT Program
2023

Passed Preliminary Written Exam: North American Institute of Orthopaedic Manual Therapy
2004

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Graduated *Magna Cum Laude* with Distinction: SUNY Upstate Medical University
2001

Health Professions Alumni Association Scholarship: SUNY Upstate Medical University
2000

Graduated *Magna Cum Laude*: Hamilton College
1997

Graduated with Honors in Biology: Hamilton College
1997

Inducted into Phi Beta Kappa at Graduation: Hamilton College (Academic Distinction)
1997

Current Teaching Responsibilities - Baylor University:

Spring Trimester:

DPT 6540 Physical Therapy Examination, Co-Instructor, 2023-present

DPT 6151 DPT Pain Sciences, Co-Instructor, 2024-present

Fall Trimester 3:

DPT 6630 Musculoskeletal Systems II, Primary Instructor, 2023-present

Previous Teaching Responsibilities - Baylor University:

Legacy Curriculum: DPT 6360 Advanced Patient Management, Assisting Instructor, 2021, 2023

Legacy Curriculum: DPT 6410 Human Anatomy I, Assisting Instructor, 2018-2022

Legacy Curriculum: DPT 6430 Human Anatomy II, Assisting Instructor, 2018-2020

Legacy Curriculum: DPT 6310 Health Promotion and Fitness, Assisting Instructor, 2020

Legacy Curriculum: DPT 6400 Physical Therapy Fundamentals, Assisting Instructor, 2018-2020

Legacy Curriculum: DPT 6390 Movement Science, Assisting Instructor, 2018-2020

Legacy Curriculum: DPT 6331 Therapeutic Interventions I, Co-Instructor 2019-2020

Legacy Curriculum: DPT 6210 Therapeutic Interventions II, Primary Instructor, 2018-2022

Legacy Curriculum: DPT 6500 Musculoskeletal Practice I, Assisting Instructor, 2018-2021

Legacy Curriculum: DPT 6510 Musculoskeletal Practice III, Assisting Instructor, 2018-2020

Legacy Curriculum: DPT 6440 Musculoskeletal Practice IV, Primary Instructor, 2018-2022

Legacy Curriculum: DPT 6460 Musculoskeletal Practice IV, Primary Instructor, 2018-2021, Co-Instructor,
2022

Legacy Curriculum: DPT 6250 Integrative Pain Sciences, Co-Instructor, 2019-2023

Legacy Curriculum: DPT 6280 Advanced Diagnostics, Co-Instructor, 2019

Previous Teaching Responsibilities - South College:

Therapeutic Interventions II, Primary Instructor, 2015-2016

Musculoskeletal Practice II, Assisting Faculty, 2017

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Previous Teaching Responsibilities - SUNY Upstate Medical University:

Physical Agents, Co-Instructor, 2007-2010, Primary Instructor, 2011-2016